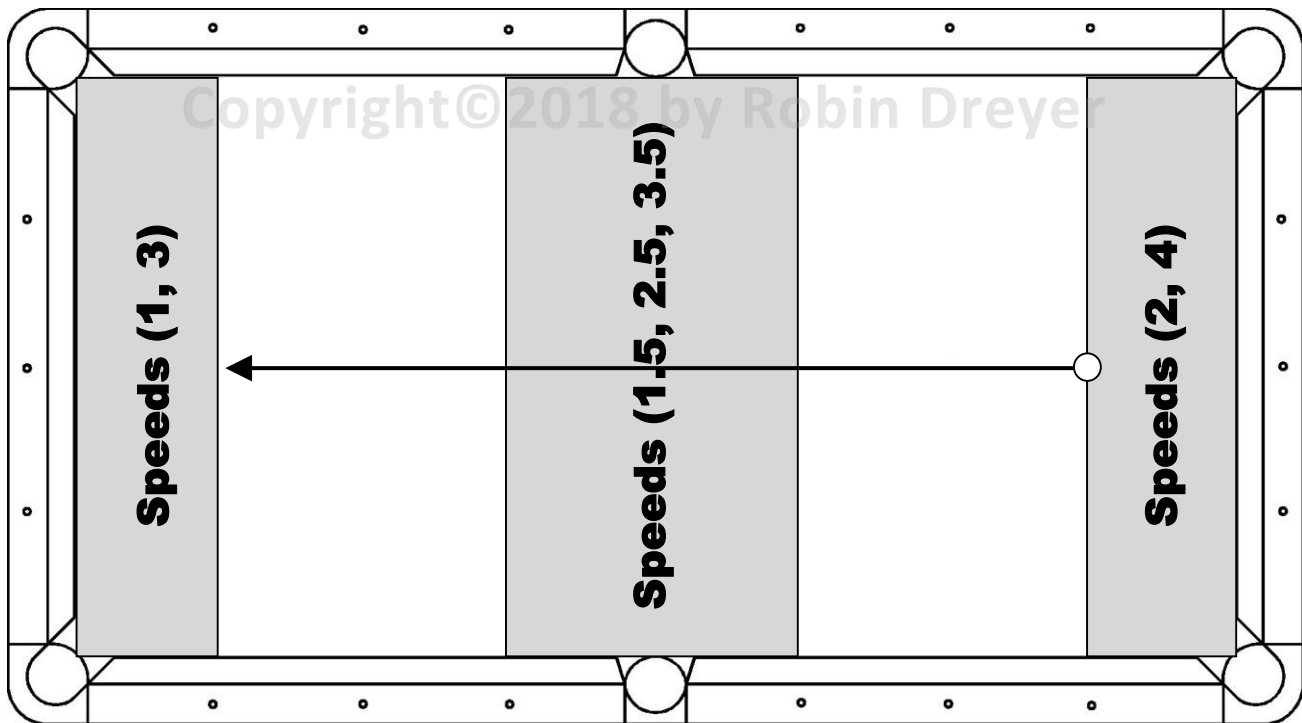


Basic Cue Ball Speed Control



This exercise works on basic cue ball speed control. Developing cue ball speed control is critical in the pursuit of proper position for the next shot. When practicing the softer speeds it is a good technique to slow your pre-stroke speed down to allow for a smooth follow through. At the harder speeds use a comfortable pre-stroke speed and accelerate through the cue ball. Follow the steps below to setup and practice this exercise.

Step 1: Place the cue ball at the first diamond away or closer to the end rail.

Step 2: Stroke the cue softly to the target zone 1 at the other end of the table. The cue ball can stop in the zone without hitting the end rail or it can come off the end rail into the speed zone.

Step 3: Stroke the cue ball off the end rail and stop into speed zone 1.5.

Step 4: Stroke the cue ball off the end rail and stop into speed zone 2. The cue ball can stop in the zone without hitting the end rail or it can come off the end rail into the speed zone.

Step 5: Repeat for speed zones 2.5 thru 4.